

Finding Yourself - Women's Retreat

Fri. Nov. 10th~
Sun. Nov. 12th

Enjoy a weekend emphasizing self-discovery with activities such as:

- ❖ Yoga
- ❖ Facilitated Awareness
- ❖ Massage (optional)
- ❖ Work with Equines
- ❖ Fresh, Artisinal Meals



All too often, we find ourselves struggling in the everyday...

Indulge Yourself

Let the horses help you realize who you are meant to be and
the key to finding contentment in life.

For more information, contact us at: info@fivehorses.com